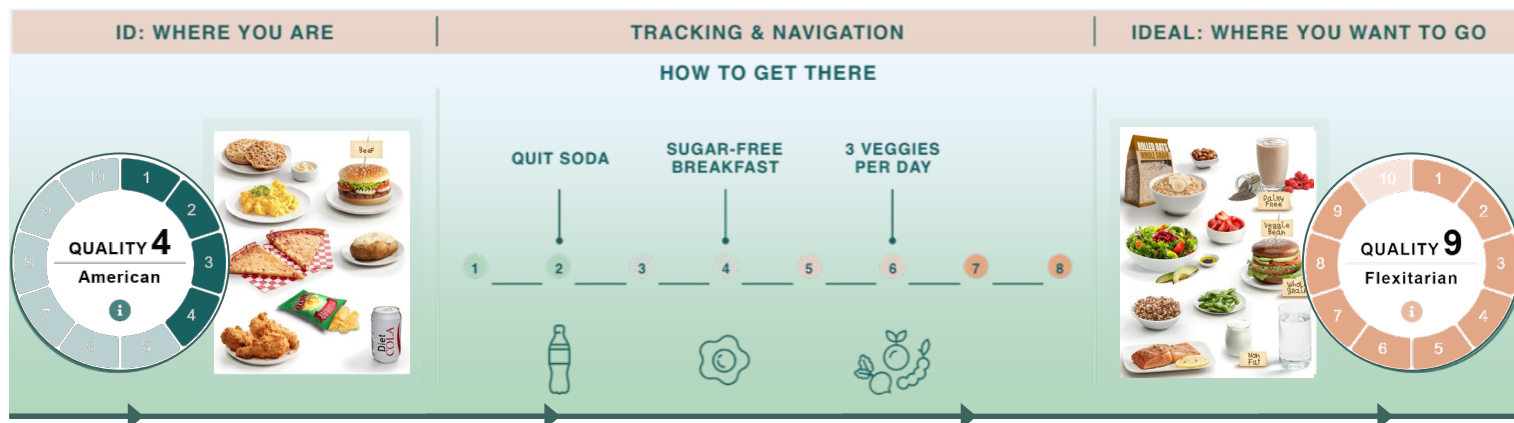
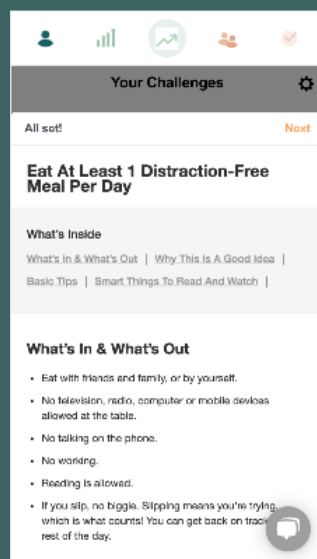


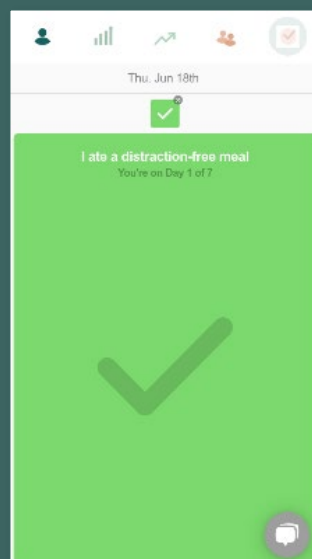
This module offers personalized, interactive, guided micro-challenges to reach your goal diet and improve habits.



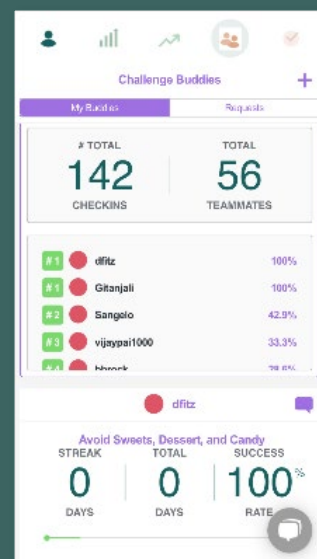
GET NEW
CHALLENGES
to meet your
health goals



LEARN how to
conquer the
challenge



CHECK IN on
your challenge
every day



GET
SUPPORT
from others

"I'm proud to say that as an added benefit to avoiding added sugar that I've lost 5 pounds over these 24 days!" -@ElanaG

"It's been great to break my bad habits because I'm actually now craving fruits and veggies daily!" -@msantiago